

Course Code	HLTAID002
Course Title	Provide Basic Emergency Life Support (Formerly known as Level 1)
Course Description	This unit of competency describes the skills and knowledge required to recognise and respond to life-threatening emergencies in line with the Australian Resuscitation Council (ARC) Guidelines. This unit applies to all workers who may be required to provide an emergency response in a range of situations, include community and workplace settings.
Prerequisite	Not Applicable
Course duration	6 hours
Qualification	A Nationally Recognised Statement of Attainment
Course structure	The skills and knowledge described here enable a first aider to provide an initial response to an emergency in line with practiced actions and Australian Resuscitation Council (ARC) Guidelines and/or state/territory regulations, legislation and policies and accepted industry guidelines
Required skills and knowledge	<p>Apply First aid procedures for the following:</p> <ul style="list-style-type: none"> • airway management • bleeding control • care of unconscious patient • cardio pulmonary resuscitation • cardiac arrest and use of AED • chest pain / heart attack • infection control as it relates to standard precautions • respiratory distress, including asthma / choking • severe allergic reaction / anaphylaxis • shock • stroke
Assessment	<p>To be deemed competent in this unit, participants are required to:</p> <ul style="list-style-type: none"> • Demonstrate competent CPR performance for 2 minutes each on an adult, and infant manikin in line with the ARC guidelines • Participate in problem solving scenario exercises and to demonstrate the required knowledge and skills specified for this unit • Complete a multiple choice assessment paper or theory workbook assessment
Participants Requirements	All material required is supplied by National First Aid