

Course Code	HLTAID003
Course Title	Provide First Aid (Formerly Level Two First Aid)
Course Description	This unit of competency describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of
-	situations, include community and workplace settings.
Prerequisite	Not Applicable
Course duration	Option one – Standard course - Two day training session Option two – Combination course – One day - This flexible option combines personal study / theory
	assessment with a 1 day face to face training session.
Qualification	A Nationally Recognised Statement of Attainment
NATIONALLY RECOGNISED TRAINING	
Course structure	These skills and knowledge may be applied in a range of situations, including community and workplace settings.
	settings.
Required skills	First aid management of:
	abdominal injuries
	allergic reactions
	altered and loss of consciousness
	apply an AED
	bleeding
	burns - thermal, chemical, friction, electrical
	cardiac arrest / CPR / chest pain / chain of survival
	choking/airway obstruction
	duty of care and other legal requirements
	injuries: cold and crush injuries; eye and ear injuries; head, neck and spinal injuries; minor skin injuries;
	needle stick injuries; soft tissue injuries including sprains, strains, dislocations
	envenomation - snake, spider, insect and marine bites
	environmental impact such as hypothermia, hyperthermia, dehydration, heat stroke
	fractures
	medical conditions, including cardiac conditions, epilepsy, diabetes, asthma and other respiratory conditions
	near drowning
	poisoning and toxic substances (including chemical contamination)
	respiratory distress
	seizures / shock / stroke
	substance misuse - common drugs and alcohol, including illicit drugs
	cultural issues
Assessment	To be deemed competent in this unit, participants are required to:
	<ul> <li>Perform at least two minutes of uninterrupted CPR on both an infant <u>and</u> an adult resuscitation manikin placed on the floor</li> </ul>



	<ul> <li>Participate in problem solving scenarios and demonstrate the required knowledge and skills</li> <li>Complete a theory assessment paper</li> </ul>
Participants Requirements	All material required is supplied by National First Aid