

Course Code	HLTAID006
Course Title	Provide advanced first aid
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Course Description	This unit describes the skills and knowledge required to provide an advanced first aid response, including management of the incident and other first aiders, until the arrival of medical or other assistance.
	The unit applies to workers who may be required to provide, coordinate and manage a first aid response across a range of complex situations, including community and workplace settings. Specific licensing /regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.
Prerequisite	Not Applicable
Course duration	Two days
	A Nationally Recognised Statement of Attainment
Course structure	These skills and knowledge may be applied in a range of situations, including community and workplace settings.
Required	The participant must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:
Knowledge	
	State/Territory regulations, first aid codes of practice and workplace procedures including: ARC guidelines relevant to provision of CPR and first aid
	guidelines of Australian national peak clinical bodies
	safe work practices to deal with risks and potential hazards including manual handling, hazardous substances, dangerous goods and chemicals
	infection control principles and procedures, including use of standard precautions requirements for currency of skill and knowledge
	legal, workplace and community considerations including:
	awareness of potential need for stress-management techniques and available support following an emergency situation
	capabilities of emergency management services
	consent duty of care requirements
	importance of debriefing
	own skills and limitations
	legal requirements of administration of medication and the rights and responsibilities of the First Aider in the workplace regarding medication
	privacy and confidentiality requirements
	respectful behaviour towards a casualty considerations when providing first aid including:
	airway obstruction due to body position
	appropriate duration and cessation of CPR
	appropriate use of an AED
	assessment and interpretation of vital signs, including respirations, temperature and pulse
	chain of survival



	how to conduct a visual and verbal secondary survey assessment of casualty
	priorities of management in first aid when dealing with life-threatening conditions
	procedures for dealing with casualties who are aged or infirmed
	procedures for dealing with major and minor accidents in the workplace
	procedures when providing first aid to children
	standard precautions
	principles and procedures for first aid management of the following scenarios, including complications:
	abdominal injuries
	allergic reaction
	anaphylaxis
	basic care of a wound
	bleeding control
	burns, including thermal, chemical, friction and electrical
	cardiac conditions, including chest pain
	choking and airway obstruction
	crush injuries
	diabetes
	drowning
	emergency childbirth
	envenomation
	enverionmental impact including hypothermia, hyperthermia, dehydration and heat stroke
	eye and ear injuries
	febrile convulsions
	head, neck and spinal injuries
	levels of consciousness
	needle stick injuries
	poisoning and toxic substances
	respiratory distress, including asthma
	seizures, including epilepsy
	shock
	skin injuries
	soft tissue musculoskeletal, including injuries including sprains, strains, dislocations and fractures
	stroke
	substance misuse, including common drugs and alcohol, including illicit drugs
	basic anatomy and physiology relating to:
	how to recognise a person is not breathing normally
	chest, skeleton, joints and muscles
	response/level of consciousness
	upper airway and effect of positional change
	considerations in provision of first aid for specified conditions
Assessment	To be deemed competent in this unit, participants are required to:
	<ul> <li>performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin</li> </ul>
	placed on the floor
	<ul> <li>performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both</li> </ul>
	compressions and ventilations) on an infant resuscitation manikin placed on a firm surface
	<ul> <li>performed at least 2 minutes of Bag-valve-mask ventilation and at least 2 minutes of</li> </ul>
	compression during a two rescuer procedure on an adult resuscitation manikin placed on the floor
	<ul> <li>Participate in at least three first aid simulated scenarios and demonstrate the required</li> </ul>
	knowledge and skills
	Complete a theory assessment paper
Participants	All material required is supplied by National First Aid

Version 1



Requirements